



Parkdale Sherwood Headstart

Monthly Newsletter

Dear Parents,

What a wonderful first month we had of our fall program. Everyone is settling in quite nicely and having a wonderful time. The month of October is a very busy month so please take note of our calendar and upcoming special dates.

The Baby Belugas News

October is one of my favourite months. We get to explore so many different things. Pumpkins, leaves, and Halloween stories will be the focus of our investigations this month. Happy Thanksgiving, everyone.

Sharon

The Little Ducklings News

We are so excited to Welcome back Jalisa to the Ducklings for the remainder of 2019. Everyone seems to be settling in nicely in the duckling area! The last month has been a big transition where we all have been getting to know all our new friends and getting the hang of our routine. We are excited to begin exploring fall and preparing for Halloween over the next month. If anyone has any old crib sheets we are looking for some as we use them for table clothes for lunch and snack time! We look forward to seeing everyone at Parent Educator Meetings!

Jessie & Jaisa

The Cubs & Otters News

Welcome to the Cubs and Otters! The group is starting to settle into the routine and atmosphere. Our group has been working really hard to make a beautiful mural that is on the wall in our space, feel free to check it out. Our group has also loved going on walks, so far we have gotten as far as the car wash, we cannot wait to explore the community more!

Brenda & Christina

The Pigeons

The pigeons have been busy getting into the swing of things this past month. We've just started our first rotation of "special helper of the day" and one of their tasks is to make a little pigeon with their name and birth date on it for our birthday wall in the making. We've been enjoying going on our first walks and talking about how the weather is transitioning from summer to fall. We've been exploring with plants, seeds, and vegetables which has led us to making a few visits to the community garden at the experimental farm. We're very excited to see where this interest leads.

Glenda, Maggie, & Emma

Paula's Corner

Grandma's Toughies (cookies)

2 eggs

1 cup brown sugar

2/3C oil

1C molasses

1C milk

4C flour

2tsp baking soda

1tsp salt

2tsp ginger

1tsp cinnamon

1/2 tsp cloves

*Roll into 1" balls and bake at 350

Upcoming Dates:

October 14th --> CLOSED for Thanksgiving

October 22nd → Picture Day (9am-12pm, for all children)

October 24th → Parent Educator Meetings (this is by sign up)

October 31st → Headstart Halloween Party (10-11:30)

Nov 11th --> CLOSED for Remembrance Day

Nov 14th & 15th --> CLOSED for PD Day

Dec 13th → Christmas Concert- 12:00 in the gym (light lunch served afterwards, volunteers will be needed)

Dec 24th at 12:00 -Jan 2nd CLOSED for Christmas Break

Friendly Reminders & Children's Needs

Some Friendly reminders to help make your child's day more enjoyable and also some center rules

-please do not bring in toys, books, or costumes from home unless asked. These items are to be left in your vehicle, not in the locker room.

- if you are arriving before 9:30, your child needs to be brought to the kitchen , not dropped off in the area of their choice.

- most of our children share a locker. Please only keep **one pair** of indoor, one pair of outdoors, and a pair of rubber boots in your child's locker.

-please provide footwear and clothing that your child can get on independently, especially when potty training
- with the cooler weather upon us it is a good idea to have a long sleeved sweater or jacket, and splash pants as well as some rubber boots for the upcoming rainy days.

- Also, we are decorating our walls with family pictures, please don't be missed!

-Finally, if there happens to be an "accident" you can find the missing clothes in the children's change room/bathroom located at the back.

-Note: Please label your clothing so there is no confusion!

Pajama and Movie Day

Once a month we like to have a pajama and movie day. This normally falls on the third Friday of the month. Children are invited to wear their pajamas to school and in the afternoon after lunch we will watch a short movie or Netflix episode that has been approved by Angela or Carol. Other activities are set up for the children that prefer not to watch the movie. If you have any questions or concerns please direct these to Angela or Carol.

Parent -Teacher Night

On **Thursday October 24th**, Headstart will be offering parents the opportunity to sign up to have a little one on one meeting with your child's educator. The purpose of this meeting is to celebrate and share your child's many accomplishments here at Headstart and to work together to establish goals for the year. Each meeting will be 15 minutes maximum and parents will be required to sign up ahead of time. These meetings will take place after hours.

Picture Day

Wayne Crouse and Bernie Wood will once again be on site and photographing the children on October 22nd. They recommend mid tones, earth colours and darker tones – these hues photograph best and do not compete with skin tone. If any parent knows they are not interested in having their child's photo taken please send a note. A class group photo will be taken as well.

If any child wants to bring their favourite toy with them to hold in the picture they are encouraged to do so.

Halloween Party

Yes, we will be having a Halloween party on Thursday October 31st in the morning 10:00-11:30. You are welcome to bring in treats if you wish. **Don't forget we are a nut free facility and all treats need to be peanut and tree nut free, they need to also be brought to the office. If you need any suggestions please just let us know.**

Please have your child dressed in a costume as we will trick or treat around the building. Their costumes will come off before lunch, and packed away in their backpacks.

All of the children enrolled at Headstart are welcome to attend for the morning whether you are usually scheduled for this day or not. This is your invitation. Come and enjoy the fun!

Music Times

Music with Michael Pendergast "The Music Man" will begin again this month. This takes place on Tuesday mornings at 9 and Thursday afternoons at 3:00.

On Wednesday mornings, starting at 10:00 we will continue to have our intern from Catholic Family Services come in to do smaller group sessions. Our new intern's name is Julia. We are super excited to be able to continue with this program.







"Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning."

—Mr. Rogers



October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2  10:00	3	4 HAPPY BIRTHDAY! Cormac	5
6	7	8 🎵 9:00	9  10:00	10 🎵 3:00	11	12
13	14 	15 🎵 9:00	16  10:00	17 🎵 3:00 HAPPY BIRTHDAY! Marina	18	19
20	21	22 🎵 9:00  PICTURE DAY	23  10:00	24 🎵 3:00  by sign up	25	26
27	28 HAPPY BIRTHDAY! Susan	29 🎵 9:00	30 	31 HALLOWEEN PARTY! 10-11:30 🎵 3:00	NOV 1 PIAJAMA PARTY & Movie after lunch!	