



Parkdale Sherwood Headstart Summer Newsletter

WELCOME!!

The summer is a very fun time to be a part of Headstart. It is a relaxed and fun filled time with lots of opportunities for outdoor experiences!

SUMMER STAFFING

The regular program staff who will be working (with the exception of vacation times) are *Sharon Furness, Brenda Burhoe, Emma Dunphy, Susan Clark, Christina Seeley, Krista Thomas, Jessie Chaisson, Maggie Evans, and Paula Kelly.*

In addition, **Jalisa MacLean** and **Kalleigh Daszko** are working with us this summer.

Angela Sigsworth will be here as the Centre Director and **Carol Ford** will be here as Centre Manager.

PROGRAM INFORMATION

***Just a reminder that the centre does not open until 7:30 and closes at 5:30.**

***Just a friendly reminder that all children are to be taken to the kitchen at drop off in the morning, please notify a staff that you are here. This is how we ensure their safety, if we do not know that they are here, we do not know that they are in our care.**

***Please let us know if you are not coming in and/or are going to be late. At 9:30 we break into groups and lots of days these groups go on a walk or some sort of outing. If you are coming later than 9:30 you will need to meet up with the group off site.**

Please note that we are closed on Monday July 1st for Canada Day. We will also be closed on August 16th for Gold Cup and Saucer Day. The final day of our summer program is Thursday August 29th. We are closed on Friday August 30st for our set up/orientation day for staff.

This means that for those children not attending our fall program, Thursday August 29th will be their last day.

Please be mindful of the speed you enter and exit the parking lot at. There have been some near misses with both vehicles /children! PLEASE be respectful of our ACCESSIBLE PARKING spaces. They are (located near the doors)!

EVERYDAY ESSENTIALS...

- ➔ hat
- ➔ water bottle (to be left at the centre)
- ➔ swimsuit

- towel
- t-shirt/shorts
- sweatshirt

****Please do not send flip flops for your child, they are great for the beach but not great for walking or playing.**

****Two complete changes of clothes (underwear, socks, shorts/pants, and a shirt)**

WHEN DRESSING FOR THE DAY PLEASE BE SURE TO SEND THE APPROPRIATE CLOTHING FOR SUDDEN CHANGES IN THE WEATHER.

SUN SAFETY

- sunscreen (we use SPF 30)
- hat
- water bottle

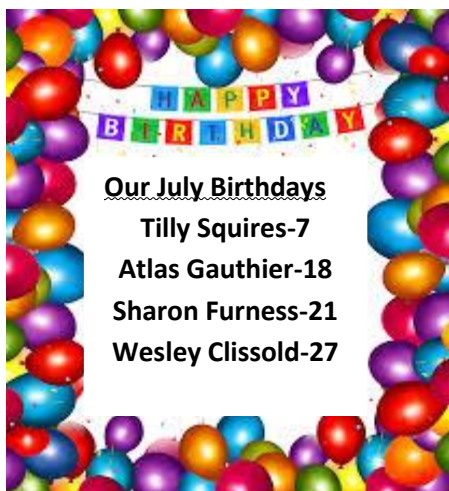
If your child is unable to use the sunscreen that we provide, it is the parent's responsibility to purchase sunscreen that is labelled and to be left at the centre.

LABEL EVERYTHING!!

Please label all of your child's belonging, especially items such as their towels, water bottles, hats, and any other items which may easily get lost in the shuffle.

WE GET WET!!

Each day may involve some form of water play so please check your child's locker for wet clothes, towels, and swimsuits so that they can be cleaned in preparation for the next day's activities.



SEVERE ALLERGY ALERT PRECAUTIONS

Due to the allergies of children in our care we are asking all families to become aware of these safety precautions which will allow us to provide a safe environment for all children at Headstart.

1. Please **do not** bring any food into Headstart
2. Brush your child's teeth and wash your child's hands and face well before entering the daycare to ensure there are no peanut butter or tree nuts on their skin or clothing, or any residue from these items.
3. Ensure that sunscreens/lotions/creams/bug sprays do not contain peanut/tree nut oils or protein.
4. Please do not bring toys or costumes from home as they may have been exposed to the allergens.
5. Please help us to teach your child how to make our environment safe for all children by following these precautions.

If you would like additional information on anaphylaxis or nut and peanut allergies please contact Carol or Angela at 902-892-5916.

Thank you for your support!!

July 2019