



Parkdale Sherwood Headstart

Monthly Newsletter

DEAR Headstart Families,

Please note that your **2019 INCOME TAX RECEIPTS** are now available. Please sign the sheet indicating that you have received your receipt. Any that are not picked up by the end of the month will be mailed out. Thank You

Carol

Baby Beluga News

It's hard to believe we're in our second month of 2020 already. The Baby Belugas will the first half of February on activities geared towards Valentine's Day. We'll also be working on being kind and gentle to all of our friends. Have a great February, everyone!

Sharon

Little Duckling News

Welcome February! The little ducklings have been exploring all things winter! Ice, Snow, and winter art activities! We have been enjoying our mornings outside when at all possible! For February we will be doing some Valentine's Day activities and working on incorporating more gross motor activities inside when the weather isn't cooperating! Happy winter!

Jessie, Sasha, and Emma

The Cubs & Otters

The Cubs and Otters are working very hard at being kind and polite, and using their "listening" ears. We have been working on an exploration of the books and art of Eric Carle. We love to paint and get messy so please don't send your child in his/her "Sunday Best" 😊 We go outside every day possible and love our outdoor time.

Brenda & Christina

The Pigeons

The Pigeons have been working really hard to create our space area; we've made and decorated a space ship and our "galaxy wall" and continue to expand on it, if you have anything to add please let us know. We've been reading the "Piggy and Gerald" series over the past month which encourages the importance of manners and friendships.

Maggie & Glenda

Closed

We will be closed Monday February 17th for Islander Day. Enjoy the long weekend!

CHILDREN'S NEEDS :

Please be sure that your child has a warm jacket/snow pants/hat/mittens and a couple of changes of clothes in their backpack that fit properly.

If snow pants are forgotten, we only have a couple of spare pairs (not larger sizes) and your child will be cold when we go outside.

VALENTINE'S DAY

On Thursday February 14th the children will exchange valentines **within their own group** in the morning and are welcome to bring valentines for their friends. Attached to your child's locker you will find a list of the names of the children in each group. Some children will enjoy writing their friends names and their own names themselves. Please keep in mind that you do not have to give Valentine's to the entire center, making them out for your own group is recommended.

All children enrolled here at Headstart are invited to attend the Valentine party from 9:30-11:30 whether you are scheduled for Thursday mornings or not. There will be no extra charge for coming in for the party. This is your invitation. Come along and wear something red, white, pink or purple.

IF YOU FEEL INCLINED TO BRING IN A TREAT FOR YOUR CHILD'S GROUP IT HAS TO BE SOMETHING PREPACKAGED FROM IT'S MANUFACTURER CLEARLY STATING THAT IT IS PEANUT AND TREENUT FREE. It cannot be something packaged from a bakery. If in doubt please ask Angela or Carol.

FUNDRAISING NEWS

This month we will be doing a Winter Staycation Package fundraiser for Headstart. We will be selling tickets for a package that contains a 1 night stay at the Delta, 2 family ticket packages to any Island Storm regular season game, and 2 \$25 gift certificates to Boston Pizza. Tickets will sell 1 for \$2 and 3 for \$5 with the draw taking place on Friday February 21st. Please note that there are always additional tickets to be sold in the kitchen in addition to what is put in your envelope. Just ask a staff person for additional tickets. We appreciate your continued support with our fundraising.

FUNDRAISING REQUEST

The fundraising committee would like to again, thank you all for your support in the our fundraising events so far this year. We are now asking any Parent/Family Member that would like to donate an item (i.e. a new item or an item that you have no use for and would consider re-gifting) or a service (knitting, grass cutting or snow removal, etc.) that could be used in a silent auction in May. All donations would be greatly appreciated. If you have any questions please ask Carol or Angela and they will pass the questions on.

Again, thank you for your support.

Paula's Corner

Cinnamon Applesauce Muffins

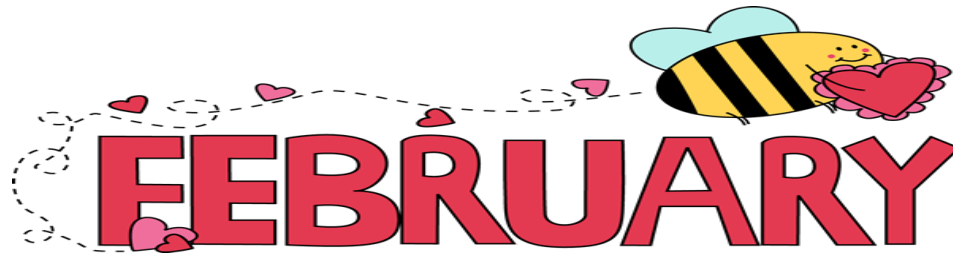
Serves: 12 muffins

Ingredients














- 2 cups all-purpose flour
- ½ cup sugar
- 1 teaspoon cinnamon
- 2 teaspoons baking powder
- ¼ teaspoon salt
- 1 egg
- ½ cup butter, melted
- 1 cup unsweetened applesauce
- 1 teaspoon vanilla

Instructions

1. Preheat oven to 375. In a large mixing bowl, add dry ingredients. In a separate bowl, add wet ingredients and whisk until combined.
2. Add wet ingredients to the dry and stir until combined. Evenly scoop mixture into a greased or lined muffin pan, filling about ¾ of the way full.
3. Bake for 20 minutes, or until a toothpick comes out clean.



FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1  Lochlan
2	3	4  9:00	5	6  3:00	7  Angela	8
9	10	11  9:00	12	13  3:00	14 V'Day Party 9:30-11:30 (Red, white, purple, and pink day)	15
16	17 CLOSED FOR ISLANDER DAY!!	18  9:00	19	20  3:00  Parker	21	22
23	24  Jordyn & Reagan	25  9:00	26	27  3:00	28 PJ & MOVIE DAY 	29



Headstart Valentine's Day List



The Baby Belugas

Pryor
Kieran
Marina

Educator:
Sharon

The Little Ducklings

Ethan G
Colin
Rhett
Evelyn
Beth
Everett
Lauchlan
Ethan R
Duncan
Sully

Educators:
Jessie, Sasha, Emma

Additional Staff

Angela
Carol
Paula
Susan
Rudaina
Jalisa

The Little Wonders (3's)

Shoaleh
Daisy
Lucy
Luke
Sophie
Maddox
Wesley
Aiden
Ollie
Cormac
Christian
Sutton
Ellie
Rosalie
Harry
Lochlan
Bridget

Educators:
Brenda & Christina

The Pignons (4's)

Aaron
Danika
Laina
Carter
Jack
Quinn
Grayson
Isaiah
Gus
Jaxon
Kian
Parker
Alicia
Felicity
Daria
Bria
Lelia
Gerrit
Ivy
Jordyn
Reagan

Educators:
Glenda & Maggie