



Parkdale Sherwood Headstart

Monthly Newsletter

Dear Parents,

What a wonderful first month we had of our fall program. Everyone is settling in quite nicely and having a wonderful time. The month of October is a very busy month so please take note of our calendar and upcoming special dates.

The Baby Belugas News

October is one of my favourite months. The weather is beautiful and nature gives us so much to explore. Halloween is also right around the corner, opening up a treasure trove of books for us to read. The Baby Belugas will spend the month exploring everything October has to offer. Have a great month, everyone!

Sharon

The Busy Bees News

We are so excited for Fall weather and preparing for both Thanksgiving and Halloween! The Busy Bees have also been showing a big interest in building and tools! We have been adding some materials to our space to expand on these interests and anticipate some upcoming projects on the subject! We are excited to continue to play outside as much as possible and maybe go on some more adventures through our community!

Jessie, Rudaina, and Emma

The Gummy Bears News

The Gummy Bears are starting to settle in and adjust to the routines and expectations of the group. We have been spending a lot of time outside, trying to soak up the warmer weather while we can! Our group has started "Star of the Day", which is when we pick a child to be the line leader for the day. We are looking forward to an exciting year!

Christina and Brenda

The Doodlebugs

Happy October!

The Doodlebugs have been very busy this last month! We are starting to find our groove and are loving having mixed age groups! We have been doing lots of painting and going on adventures! Morning walks are our absolute favourite so please make sure your child is ready for all weather! Lately when we go on walks our children have been interested in learning all about road signs you may have some children going home knowing and recognizing the letters in a stop sign and even spelling it out! We are very much looking forward to see what October will bring we are definitely ready to learn and explore together!!

Glenda & Sasha

Paula's Corner

Banana Muffins

Ingredients:

1 ½ cups flour	3 large bananas, mashed
1 tsp baking powder	¾ cup white sugar
1 tsp baking soda	1 egg
½ tsp salt	⅓ cup butter, melted

Step 1

Preheat oven to 350 degrees F (175 degrees C). Coat muffin pans with non-stick spray, or use paper liners. Sift together the flour, baking powder, baking soda, and salt; set aside.

Step 2

Combine bananas, sugar, egg, and melted butter in a large bowl. Fold in flour mixture, and mix until smooth. Scoop into muffin pans.

Step 3

Bake in preheated oven. Bake mini muffins for 10 to 15 minutes and large muffins for 25 to 30 minutes.

Muffins will spring back when lightly tapped.

Enjoy!

Paula

Annual AGM & Parent Night

Remember when your child is enrolled at Headstart you are now a member of our Headstart family so, welcome to the family! We look forward to your participation and hope to see all of you at our

Meet the Educator and AGM Night, Thursday, October 8th at 7:00pm. This will take place in the gym, we will not be entering the centre. With keeping social distancing requirement's in mind chairs will be separated, screening will take place, and masks are encouraged. This will be capped at 50 people.

Upcoming Dates:

October 8th → Annual AGM & Parent Night

October 12th → CLOSED for Thanksgiving

October 30th → Headstart Halloween Party (10-11:30)

Nov 11th → CLOSED for Remembrance Day

Nov 12th & 13th → CLOSED for PD Day

Dec 24th at 12:00 -Jan 4th CLOSED for Christmas Break

Friendly Reminders & Children's Needs

Some Friendly reminders to help make your child's day more enjoyable and also some center rules

- please do not bring in toys, books, or costumes from home unless asked. These items are to be left in your vehicle, not in the locker room.**
- **we ask that your child be here by 9:30 as our screening staff person is required to return to their group.**
- most of our children share a locker. Please only keep **one pair** of indoor, one pair of outdoors, and a pair of rubber boots in your child's locker.
- please provide footwear and clothing that your child can get on independently, especially when potty training
- with the cooler weather upon us it is a good idea to have a long sleeved sweater or jacket, and splash pants as well as some rubber boots for the upcoming rainy days.
- **Also, we are decorating our walls with family pictures, please don't be missed!**
- Note: Please label your clothing so there is no confusion!**

Pajama and Movie Day

Once a month we like to have a pajama and movie day. This normally falls on the last Friday of the month. Children are invited to wear their pajamas to school and in the afternoon after lunch we will watch a short movie or Netflix episode that has been approved by Angela or Carol. Other activities are set up for the children that prefer not to watch the movie. If you have any questions or concerns please direct these to Angela or Carol. ****THIS MONTH WE WILL WATCH OUR MOVIE ON THE AFTERNOON OF OUR HALLOWEEN PARTY SO WE WILL NOT BE HAVING A PAJAMA DAY THIS MONTH!**

Halloween Party

Yes, we will be having a Halloween party on Thursday October 30th, from 10:00-11:30. You are welcome to bring in treats if you wish. **Don't forget we are a nut free facility and all treats need to be peanut and tree nut free. If you need any suggestions please just let us know. We cannot accept any homemade treats.**

Please have your child dressed in a costume as we will trick or treat around the centre with some stations set up in the gym. Their costumes will come off before lunch, and packed away in their backpacks.

All of the children enrolled at Headstart are welcome to attend for the morning whether you are usually scheduled for this day or not. This is your invitation. Come and enjoy the fun!

"Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning."
—Mr. Rogers



October



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 ★HAPPY★ BIRTHDAY! Cormac	5	6	7	8 ANNUAL AGM & PARENT NIGHT 7:00	9	10
11	12  Happy Thanksgiving We are closed today	13	14	15 ★HAPPY★ BIRTHDAY! Jalisa	16	17 ★HAPPY★ BIRTHDAY! Marina
18	19	20	21	22	23	24
25	26	27	28 ★HAPPY★ BIRTHDAY! Susan	29	30  HALLOWEEN PARTY! 10-11:30 & Movie after lunch!	31  Happy Halloween