



Parkdale Sherwood Headstart

Monthly Newsletter

Beluga News

I can't believe it is March already. Brown Bear, Brown Bear, What Do You See continues to be a favourite story. We'll be reading more books about bears and adding more Brown Bear activities to our routines. Happy St. Patrick's Day, Everyone!

Sharon

Busy Bee News

The busy bees have been continuing to do lots of building and creating! We love doing different art projects & even though the yard is a bit of a struggle with all the snow we continue to go outside as much as we can and use the gym to exercise when we can't! Our group has also had a huge interest in music and stories! We will be doing some St. Patrick's Day activities as well as getting ready for Easter!

Jessie, Rudaina, and Emma

Gummy Bears News

The Gummy Bears have been enjoying lots of painting and the creations being made with our finished art. We have also been out on the "big mountain" a few times. It is a great spot for some boisterous play and big gross motor movement! We are working very hard at using manners, being kind, giving personal space and keeping our hands to ourselves! Please remember to send lots of dry socks and a couple of extra pairs of pants in with your child/children. Our socks get wet in the locker room when we change from our outdoor gear. Also, an extra pair of mittens would be fantastic (if possible).

Brenda, Christina, & Sasha

The Doodlebugs

The Doodle bugs have loved spending as much time outside as possible, even with the colder weather we're outside daily. We had such a fun time at our Valentine's Day party, hope everyone enjoyed their cards and yummy treats. Maggie is so excited to be back! Happy March!

Glenda & Maggie

Paula's Kitchen Corner:**Banana Muffins**

12 muffins, or 48 mini muffins

Ingredients

- 1 ½ cups all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- ½ teaspoon salt
- 3 large bananas, mashed
- ¾ cup white sugar
- 1 egg

Directions

1) Preheat oven to 350 degrees F (175 degrees C). Coat muffin pans with non-stick spray, or use paper liners. Sift together the flour, baking powder, baking soda, and salt; set aside.

2) Combine bananas, sugar, egg, and melted butter in a large bowl. Fold in flour mixture, and mix until smooth. Scoop into muffin pans.

3) Bake in preheated oven. Bake mini muffins for 10 to 15 minutes, and large muffins for 25 to 30 minutes.

Muffins will spring back when lightly tapped.

Paula

CHILDREN'S NEEDS:

Please be sure that your child has a warm jacket/snow pants/hat/mittens and a couple of changes of clothes in their backpack that fit properly.

If snow pants are forgotten, we only have a couple of spare pairs (not larger sizes) and your child will be cold when we go outside.

PLEASE be mindful of speed and respectful of the ACCESSIBLE PARKING spaces in our parking lot. It is unfortunate that some parents (not just Headstart) have been using the Accessible Parking spots when they are not validated to do so. We ask that you share this information with family members that may be picking up or dropping off as well.



March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 Happy Birthday Delcan	6
7	8	9	10	11	12	13
14 SPRING AHEAD!	15	16	17 Happy St. Patrick's Day! Dress in green for St. Patty's Day!	18	19	20 Spring
21	22	23	24	25	26 PJ & MOVIE DAY 	27
28	29	30	31 Happy Birthday Evelyn			